

PREGNENOLONE PLUS

sleep and memory support*



Life's Medicine

Serving Size: 1 Capsule

Servings Per Container: 50 Servings

Pregnenolone Plus is a prohormone that is synthesized from cholesterol and can be converted to progesterone, DHEA and other hormones. Studies have shown that pregnenolone concentration is higher in the nervous system than in the blood stream, and it has been studied for its potential to promote sleep quality and memory, as well as its possible anti-aging properties.*

1 Capsule Contains:

Pregnenolone 30 mg

Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, rice flour, ascorbyl palmitate, silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Directions: Take one capsule per day or as directed by your healthcare practitioner.

