

SELENIUM PLUS

powerful liver support*



Life's Medicine

Serving Size: 1 Capsule

Servings Per Container: 60 Servings

Selenium Plus contains targeted nutrition to help the body maintain healthy liver function.* It contains four key ingredients: N-Acetyl L-Cysteine (NAC), which serves as a precursor for the synthesis of glutathione* Alpha-Lipoic Acid, a powerful antioxidant and free-radical scavenger.* Silymarin (standardized extract from milk thistle), which may help promote glutathione production.* And, selenium, a trace mineral known to support the antioxidant enzyme glutathione peroxidase.*

1 Capsule Contains:

Selenium	200 mcg
(as selenium glycinate complex)	
Milk Thistle extract	262.5 mg
(<i>Silybum marianum</i>) (seed) (80% silymarin)	
N-Acetyl L-Cysteine (NAC)	250 mg
Alpha-Lipoic Acid	200 mg

Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), ascorbyl palmitate, microcrystalline cellulose, rice flour, silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Directions: Take one capsule twice per day or as directed by your healthcare practitioner.

